



NETWORKING & CYBER SECURITY

CURRICULUM:

This document can be used as a guide to prepare Canadian Cyber Defence Challenge (CCDC) participants for the competition. Most of the information will be presented to the participants in a very compressed manner. Hence, it is expected from participants to be engaged in self-study activities based on the presented information. The links below provide helpful references to support the fundamentals of cyber security. <u>Curriculum Outline</u>: The curriculum is broken into four key sections:

- 1. Introduction to Cyber Security
- 2. Cyber Security Principles, Threats, and Operating Systems.
- 3. Networking Tools
- 4. Networking Tools Continued and System Hardening.

DELIVERY:

For each chapter, it is recommended you research topics in Discover, view the Resources, collaborate in Discussion with your teammates, and engage in self-studies through Practice. We encourage you dive deeper into the topics and go beyond this guideline. It is highly recommended you use a personal computer.

The curriculum is a guide and as such can be modified accordingly to the teaching and learning styles of the instructors and the students. If schools have any questions regarding this material, they can contact the CCDC as per contact information on the website. The CCDC is committed to ensuring that schools and students feel comfortable to engage in the event. However, master of these topics is not necessary to participate. Ultimately, the challenge event itself serves as the greatest teaching tool for all students.



Chapter 1: Introduction to Cyber Security

Chapter Summary: In this chapter, you will be introduced to the meaning of cyber security and why it is important.

RESOURCES:

- PDF Introduction to Cyber Security Start on slide 12
- Website: Career Opportunities
- <u>Google Doc CCDC Workshop on March</u>
 <u>2016</u>

DISCOVER:

- What is Cyber Security?
- Why is cyber security important?
- What cyber security jobs/aspects interest you?
- What is the TCP/IP model and what are some examples of each layer?
- What is HTTP?
- What is a network? Define LAN and WAN
- YouTube Video Basic Forensic Concepts

DISCUSSION TOPICS:

- PDF Cyber Ethics
- YouTube Video Edward Snowden
 Interview Do you agree with Edward
 Snowden?
- Responsibility on actively securing personal assets such as phones and computers.
- What are the risks to online banking in a public network?
- Why should you not sniff network traffic in a public network?

PRACTICE:

 Imagine clients of an insurance company that are unable to log onto their accounts. How should this incident be handled?



Chapter 2: Cyber Security Principles, Threats, and Linux

Chapter Summary: In this chapter, you will learn about cyber security principles, threats and the Linux operating system. Be prepared to get your hands dirty with some Linux action

RESOURCES:

- PDF Principles of Cybersecurity
- <u>YouTube Video Confidentiality, Integrity</u> and Availability
- <u>YouTube Video Vulnerabilities, Threat</u> Vectors and Probability
- YouTube Video Introduction to Linux and Basic Linux Commands
- PDF Linux Cheat Sheet

DISCOVER:

- What is Threat Modeling?
- What is encryption and decryption?
- The history of Windows operating system (OS).
- What is Linux?
- The history of Linux OS.

DISCUSSION TOPICS:

- What are Cyber Threats?
- Physical threats vs. online threats.
- What are some differences between Windows and Linux OS?

PRACTICE:

- Website Installing Ubuntu inside Windows using VirtualBox
- Website More Linux Command Knowledge



Chapter 3: Networking Tools

Chapter Summary: In this chapter, you will be learning how to use Putty, Wireshark and NMap to transfer files and analyze networks.

RESOURCES:

- Website PuTTy
- Website Wireshark
- Website Nmap

DISCOVER:

- What is SSH?
- What is FTP?
- What is PuTTy?
- What is WireShark?
- What is the difference between GET and POST?
- What is Nmap?
 - Why is it important to receive written authorization before scanning ports?
 - o Website NMap Legal Issues
- What is Zenmap?

DISCUSSION TOPICS:

PRACTICE:

- YouTube Playlist Wireshark Tutorial
- YouTube Playlist Nmap Tutorial



Chapter 4: Netcat and System Hardening

Chapter Summary: In this chapter, you will be learning how to use Netcat, access Firewall settings and hardening your systems.

RESOURCES:

- <u>YouTube Video Netcat How To</u> Communicate Between Computers
- YouTube Video Netcat Transfer Files
- YouTube Video Netcat Port Scanning

DISCOVER:

- What is Netcat?
- Website: Understanding Linux Services
- <u>25 Hardening Security Tips for Linux</u> <u>Servers</u>

DISCUSSION TOPICS:

• What does system hardening mean and why is it important?

PRACTICE:

- PDF Windows Microsoft Security
- Website Windows Firewall with Advanced
 Security
- Harden Windows 10 A Security Guide